



**St. Benedict's Department of Athletics
Student-Athlete & Parent Handbook
2025-2026**

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General Overview

The purpose of the student-athlete handbook is to inform St. Benedict student-athletes of our school's policies, regulations, and operational procedures regarding them as participants in the school's athletic program. Should there be areas of interest or questions not covered in the handbook, please contact your coach or the Athletic Director. In addition, it is expected that all student-athletes and families are familiar with St. Benedict's Parent Handbook.

Mission

The St. Benedict's Episcopal School Athletics mission is to further our school's mission and vision beyond the classroom through prioritizing teamwork and the value of working towards a common goal, as well as promoting our community through team representation and encouraging school spirit while instilling a lifelong appreciation for the benefits of sport and physical activity.

Non-Discrimination Policy

St. Benedict's Episcopal School admits students of any race, color, sex, religion, sexual orientation, disability, and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, sex, religion, sexual orientation, disability, and national or ethnic origin in the administration of its employment practices, educational policies, admissions policies, or other school-administered programs.

Metro Atlanta Athletic Conference (MAAC)

For the 25-26 school year, St. Benedict's Athletics will be participating in the MAAC for all competitive sports unless that sport is not available in that conference. As members of this conference, we must represent St. Benedict's with the highest standard of sportsmanship as coaches, players, and spectators. If either our coaches, players, and/or spectators do not uphold these standards, our school will be at risk of further participation in the league.

Athletic Eligibility

All student-athletes must maintain a passing average in all classes in order to participate in St. Benedict's athletics. If a student-athlete is not able to maintain good academic standing throughout the season, a conference may be held with teachers, school administration, and Athletic Directors to discuss an appropriate plan. St. Benedict athletes are students first and athletes second. Student grades are the priority.

Attendance

When in season, student-athletes must be at school by 10 AM in order to participate in any games, matches, or competitions. In addition, the student must be at school for at least 4 hours. Student-athletes are expected to attend each game and practice. If they are not able to attend

either a game or practice, they must communicate in advance with the coach. Lack of attendance may affect participation in games, matches, or competitions.

Behavior

In order to participate in St. Benedict's Athletics program, student-athletes must not have any major behavioral infractions. Suspensions, expulsions, and other behavior issues will be discussed amongst parents, students, administration, and the Athletic Directors to decide whether the student should be participating in their practice and or games of that season.

Sportsmanship

Participants, spectators, and coaches accept the responsibility of striving to represent St. Benedict's Episcopal School in a manner that will cast the best possible reflection on the school's mission and values. Student-athletes are expected to follow our values of belonging, kindness, grace, respect, and integrity. Physical or verbal abuse of any member, guest, or host (including officials, opposing team members, etc.); disruptive or disorderly conduct, and offensive behavior, on or off campus, will not be tolerated. As a participant in the St. Benedict's Episcopal athletics program, you will be asked to sign a pledge to uphold the Athletic Code of Conduct.

- a) Good Sportsmanship includes:
 - i) Observing and supporting the rules of the sport.
 - ii) Promoting the spirit and camaraderie
 - iii) Placing fairness as a goal in all competitions
 - iv) Showing civility toward competitors, opponents, and officials
 - v) Commending good effort by teammates, opponents, and officials.
 - vi) Showing maturity and integrity in conduct on and off the field of play
 - vii) Being a gracious winner and accepting defeat gracefully
- b) Unsportsmanlike behavior includes but is not limited to:
 - i) Fighting
 - ii) Ejection
 - iii) Spitting
 - iv) Use of obscene gestures, profanity, and provocative language
 - v) Inappropriate celebrations with the intent to do so
 - vi) Disrespectful attitude toward opponents

Student-Athlete/Parental Agreement

I/We, _____, have carefully read and fully understand the policies and procedures in the St. Benedict's Episcopal School Student Athlete and Parent Handbook. If we fail to adhere to these policies, this may result in consequences or removal from participation in St. Benedict's Athletic program. I also understand that St. Benedict's Episcopal School reserves the right to change any of these policies.

Athlete's Name	_____
Athlete's Signature	_____
Parent/Guardian Signature	_____
Parent/Guardian Signature	_____
Date	_____