

# SPRING 2026 CLUBS BROCHURE







Preschool 3s - 8th Grade

678.279.4300 | stbs.org 2160 Cooper Lake Road SE, Smyrna, GA 30080

## **SPRING 2026**Club Schedule

	1:10 P.M.	2:20 P.M.	3:30 P.M.
M	onday		
Gymnastics Club - GymGo Kids	Preschools 3s & Pre-K	Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Daydreamers Dance Program - Dancer's Dreamhouse	Preschools 3s & Pre-K	Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Little Builders Club - Eolonda Burroughs	Preschools 3s & Pre-K		
STEAM Craft Club - STEAM Studio ATL		Pre-K & Kindergarten	
DIY Crafting Club - Kerri Painter			1 <sup>st</sup> - 4 <sup>th</sup> Grade
Guitar Club - Fine Arts Matter			1 <sup>st</sup> - 4 <sup>th</sup> Grade
Paper Crafts Club - Seema Wilson			2 <sup>nd</sup> - 4 <sup>th</sup> Grade
Tu	iesday		
Snapology	Preschools 3s & Pre-K	Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Slime Lab - Tania Williams	Preschools 3s & Pre-K		1 <sup>st</sup> - 4 <sup>th</sup> Grade
Drama Club - Destination Theatre		Pre-K & Kindergarten	1 <sup>st</sup> - 3 <sup>rd</sup> Grade
TONCHU Martial Arts		Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
KidsTV Jr. Club - KidsTV			1 <sup>st</sup> - 4 <sup>th</sup> Grade
Wed	dnesday		
Jitterbug Performing Arts Club	Preschools 3s	Pre-K & Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Gesso Arts Club: Explore & Create!	Preschools 3s & Pre-K	Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Yoga Club - FreedOM Youth Yoga		Preschools 3s, Pre-K, & Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Good Eatz Club - Genesis Hart		Preschools 3s & Pre-K	
Stitcher School Crafting Club			2 <sup>nd - 4th</sup> Grade
Th	ursday		
Cocinarte Spanish Cooking Club - Marta Caamano	Preschools 3s & Pre-K	Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Karate Zoo - Amazing Athletes		Preschools 3s & Pre-K	
Cheer Club - GymGo Kids		Preschools 3s, Pre-K, & Kindergarten	1 <sup>st</sup> - 4 <sup>th</sup> Grade
Chess Club - Chess2Children		Kindergarten	1 <sup>st</sup> - 8 <sup>th</sup> Grade
Amazing Athletes			1 <sup>st</sup> - 4 <sup>th</sup> Grade

#### SPRING CLUB INFORMATION

If your student will not be picked up at the end of the Club time, you must also sign up for **aftercare** for that day of the week.

Clubs may offer a showcase that parents may attend during the last club session.

**WAITLIST INFORMATION:** We recommend that you register for a back-up Club if your first choice Club is waitlisted and you know that you need your student to be in a Club on a particular day. If you join the waitlist for a Club, please note that typically there is very little movement in Club registrations.

#### IMPORTANT INFORMATION ABOUT PRESCHOOL CLUBS

Due to limited classroom space, St. B's offers Preschool 3s - Pre-K Clubs at two different times in an effort to offer a variety of Club options for our students. There are some important things to note:

- Each student may only attend one Club per day.
- On Club days, students who register for 2:20 3:20 P.M. Clubs MUST be registered for aftercare between Preschool dismissal at 12:45 P.M. and the start of clubs at 2:20 P.M. Students may not be picked up at 12:45 P.M. and returned to campus for a Club.
- Preschool 3s students who enroll in Clubs cannot be in an aftercare nap room (even on nonclub days).

#### PICK-UP INSTRUCTIONS (if your child does not stay for aftercare after Club) PRESCHOOL CLUBS: 1:10 – 2:10 P.M. OR 2:20 – 3:20 P.M.

Park in the reserved parking spaces by the Stingers Squad door and use PikMyKid to announce your arrival. Your child will be brought to meet you at the Courtyard Door.

#### KINDERGARTEN CLUBS: 2:20 - 3:20 P.M.

Park in the reserved parking spaces by the Stingers Squad door and use PikMyKid to announce your arrival. Your child will be brought to meet you at the Courtyard Door.

#### 1<sup>st</sup> – 4<sup>th</sup> GRADE CLUBS: 3:30 – 4:30 P.M. (4:30 carpool, Main Campus)

Please display your carpool number on your rear-view mirror and follow the usual carpool route around the back of the building (Main Campus). Use PikMyKid to announce your arrival.

#### $5^{th}$ – $8^{th}$ GRADE CLUBS: 3:30 – 4:30 P.M. (4:30 carpool, Hive Campus)

Please display your carpool number on your rear-view mirror and follow the usual carpool route around the Hive building and line up in the back. Use PikMyKid to announce your arrival. Your child will come out of the main Hive door.

Click to Register

#### **Spring 2026 Club Policies & Procedures**

#### **PAYMENTS AND FEES**

- Clubs may be paid in full at the time of registration or you may select a payment plan.
- Self-registration closes on **December 12, 2025.** Late registrations will be accepted (via email to **clubs@stbs.org**) until **January 13, 2026.**
- Any registered student that remains after their Club ends will be given a 5-minute grace period after the official Club end time (or, after 4:30 Club carpool ends if your student is in 1st-4th grade). After this 5-minute grace period, you will be billed at the emergency drop-in rate of \$8.25 per half hour.
- Extended care closes promptly at 6:00 pm. Any registered student that is not picked up by 6:00 pm will be charged according to St. Benedict's policy for late pickup after 6:00 pm.

#### **CANCELLATIONS AND REFUNDS**

- Late registration will close on January 13, 2026. You may cancel before late registration closes for a full refund.
- There are no refunds or changes, including moving to other Clubs, once late Clubs registration closes on January 13, 2026.
- Club enrollment is assessed in December/January. If a Club has not met its minimum enrollment, it will be canceled, and you will be contacted and asked to select another Club. If you choose to move to a different Club that has met its minimum enrollment, the difference in the cost of the club will be adjusted in your account. If there is not another Club you wish to move your child to, your money will be fully refunded. The decision to move to a new Club or request a refund must be made within 24 hours of the notification from Stingers Squad to allow time to prepare for the start of Clubs.
- Contact the Stingers Squad staff at **clubs@stbs.org** to request changes PRIOR to the close of late registration on January 13, 2026.
- If the school should cancel a Club for any reason, a 100% refund (or a pro-rated refund if Clubs have begun) will be given.
- In cases of inclement weather or other school cancelations which result in cancelling a Club, the Club
  may be scheduled for a make-up day at the end of the semester at the discretion of the Head of
  Auxiliary Programming.
- Club providers are allowed to miss one Club session per semester without a required make-up day.







#### **MONDAY CLUBS MEET**

January 26	March 23
February 2	March 30
February 9	April 13
February 23	April 20
March 9	April 27
March 16	May 4

#### **TUESDAY CLUBS MEET**

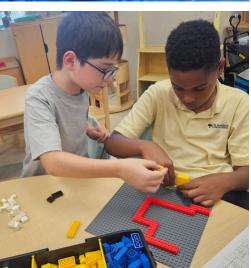
January 27	March 24
February 3	March 31
February 10	April 7
February 17	April 14
February 24	April 21
March 10	April 28
March 17	May 5











#### **WEDNESDAY CLUBS MEET**

#### THURSDAY CLUBS MEET

January 28	March 25	January 29	April 2
February 4	April 1	February 5	April 9
February 11	April 8	February 12	April 16
February 18	April 15	February 19	April 23
February 25	April 22	March 12	April 30
March 11	April 29	March 19	May 7
March 18	May 6	March 26	

### Monday

CLUB	TIME	COST	DESCRIPTION
<b>Gymnastics Club</b> Gym Go Kids (Destiny Gaines)	1:10-2:10	\$332	GymGo Kids will bring a Flipping Good Time to your child! We will help build strength, flexibility, balance, coordination, and self-confidence. Our highly experienced instructors bring portable gymnastics equipment: bars, balance beams, mini trampoline, and other special-shaped equipment to teach gymnastics to children. Each session includes a warm-up, circuit training, tumbling, gymnastics progressions, conditioning, and cool-down exercises.  Classes are designed to increase strength and flexibility while learning skills and having FUN!
Little Builders Club Eolonda Burroughs (St. B's 3s teacher)	1:10-2:10	\$350	Children will develop handy skills and creative building by creating different projects using wood. Students will use pre-cut and pre-sanded wood pieces, nails and/or screws, kid safety hammers, stickers, paint, and other specialty materials to build and decorate woodworking projects. Woodworking allows children to be makers, thinkers, artists, and engineers while solving problems and learning persistence and perseverance. Some of the benefits of woodworking include increasing fine motor skills, exploring creativity, learning problem solving skills, and developing pride in workmanship.
Daydreamers Dance Program  Dancer's Dreamhouse	1:10-2:10	\$335	Bring the joy of dance directly to your student with our engaging and educational Daydreamers Dance Program! Designed for students of various skill levels, our classes promote creativity, confidence, and physical activity in a fun and structured environment.  Our experienced instructors introduce students to various dance styles, including ballet, creative movement, jazz, and hip-hop, while incorporating rhythm, coordination, and teamwork. Each class is tailored to meet the needs of your student. At the end of the club session, get ready to watch an exciting performance where your student will shine. Let's get our kids dancing!  *Students will need ballet shoes, jazz shoes, and sneakers for this club.
STEAM Craft Club STEAM Studio ATL	2:20-3:20	\$350	Pre-K only. Join STEAM Studio ATL for hands-on fun crafting classes that focus on creativity, problem-solving, and science. Every week your child will bring home a new game, toy, craft, or experiment that will provide hours of fun long after the class is over! Will we build mazes and talk about nature? Yes! Will we create toys with moving parts and have time for a little sewing? Yes! Will math and measuring be involved? You better believe it!! All classes will be taught by a certified math instructor and professional crafter.

#### **Tuesday**

CLUB	TIME	COST	DESCRIPTION
Snapology Junior Discovering Dinosaurs & Animal Explorers  Snapology	1:10-2:10	\$300	Get ready for a roaring good time this spring with Snapology Junior! This program combines two of our most-loved themes—dinosaurs and animals! First, your little paleontologist will travel back in time to the age of the stegosaurus, tyrannosaurus, and raptors. They'll discover what these mighty creatures ate, where they lived, and what made them unique—all while building their very own dinosaur models with DUPLO® bricks. Then, we'll fast-forward to today and become Animal Explorers! From creatures in our own backyards to animals living in faraway parts of the world, children will investigate habitats, hear stories, and build amazing animal creations. With Snapology, every lesson is hands-on, imaginative, and full of fun—perfect for curious little learners who love to build, create, and explore!
The Slime Lab  Tania Williams (St. B's 3s teacher)	1:10-2:10	\$350	Does your child love to squish, stretch, mix, and create? Then they'll love joining the Slime Lab after school club, a hands-on, sensory-rich club that blends creativity, science, and lots of colorful, gooey fun!  Each week, students will dive into exciting slime-making projects that go far beyond just play. While mixing up sparkly, scented, fluffy, or glow-in-the-dark slime, they'll also be learning about basic chemistry, measurements, textures, and reactions, all while having an absolute blast. For an extra treat, some sessions will include making safe, edible slime that the students can actually taste. It's a fun and tasty twist on our usual slime.  Join us for a squishy, silly, satisfying good time!
<b>Drama Club Jr.</b> Destination Theatre	2:20-3:20	\$310	PRE-K ONLY.  Experience the magic of theatre! Drama Club Junior: A Destination Theatre Class for kids who want to learn how to sing, act, dance, and use their imagination with others. Through preparing a short full play, students will develop confidence and creativity. Come join us for a fun-filled semester of learning while "play"-ing. Come practice acting, self-expression, and character creation through confidence building games and exercises!





#### Wednesday

CLUB	TIME	COST	DESCRIPTION
Gesso Arts Club: Explore & Create! Meryl Clark	1:10-2:10	\$350	In this exciting mixed media art club, we will paint, collage, draw, assemble, and more! Many projects will be inspired by children's storybooks, and we will create work based on an image or theme in the book. This club will build self-confidence and problem-solving skills through the creative process. This is an awesome way to introduce your child to the exciting world of art making whether they already enjoy art or are simply interested in playing with cool art materials. It will be fun for everyone!
Jitterbug Performing Arts Club Miss Gabi	1:10-2:10 Preschool 3s only 2:20-3:20 Pre-K only	\$300	Our signature after school class brings the joy of performing arts to kids of all experience levels! Students explore acting, singing, and movement in a fun, project-based setting designed to build confidence, creativity, and connection. Each semester culminates in a playful showcase so every child shines.
Good Eatz Club  Genesis Hart (St. B's 2s teacher)	2:20-3:20	\$355	Is your child very curious in the kitchen? Let us help unleash their inner Alton Brown! We will explore food in a fun, scientific, and immersive way. Your child will create their own dishes, learn kitchen safety and etiquette, follow recipes, and participate in food experiments and challenges. Lock on your thinking caps and tie on your aprons – we are going on a science adventure!
Yoga Club FreedOM Youth Yoga	2:20-3:20	\$340	The Yoga Club will playfully practice poses with laughter, stories, music, and games specially designed for specific age groups. Be ready for some balancing, dancing, prancing, skipping, laughing, breathing, meditating, stretching, marching, jogging, slithering, singing, jumping, resting, and bonding. Classes end with some special ""yoga nap" relaxation time, and each class is focused on a theme such as "Nonviolence," "Focus," "Be Yourself," "Balance," "Flexibility," and "Letting Go." Freedom Youth Yoga is a registered 501(c)3 nonprofit, and all proceeds from club fees go toward our programs for delivering yoga and mindfulness programs to underserved youth in the Atlanta area.



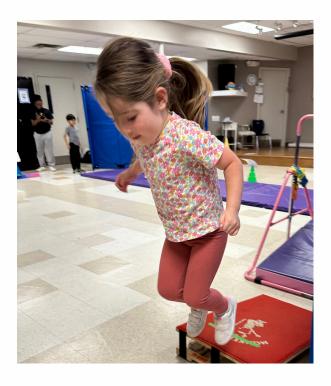




#### **Thursday**

CLUB	TIME	COST	DESCRIPTION
Cocinarte Spanish Cooking Club  Marta Caamano (St. B's Spanish Teacher)	1:10-2:10	\$380	CocinArte = Cook-Art! COOKING is fun, and even more so when we mix it with ART! This beloved hands-on cooking club will encourage children to create art while they are cooking. Each week, we will create food-art while we enjoy learning new words and commands in Spanish! We will have 13 weeks of spring, Valentine, St. Patrick's, and Easter recipes!
Cheer Club  GymGo Kids (Destiny Gaines)	2:20-3:20	\$332	GymGo Kids Cheer classes will introduce your child to the fundamentals of cheer through tumbling, balance, chants, jumps, stunts, dance, and various techniques. Cheer is an engaging way to develop focusing skills and expand children's imagination. We also emphasize the importance of working together as a team.
<b>Karate Zoo</b> Amazing Athletes	2:20-3:20	\$350	In Karate Zoo, we teach the fundamentals of martial arts in a high-energy progression-based program. Students learn and practice the traditions and skills of the sport, and receive colored stripes for their achievements. Through different animals, students learn about confidence (ex: Ben the Bear is so confident!), perseverance, agility, flexibility, and more. We relate each skill to the classroom setting and home using day to day examples. At the end of the semester, students build up their confidence to be able to break wooden boards!

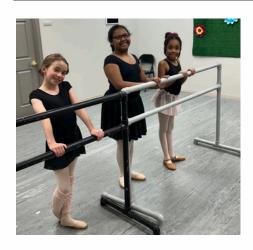




### Kindergarten Clubs

### Monday

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Daydreamers Dance Program  Dancer's Dreamhouse	2:20-3:20	\$335	Bring the joy of dance directly to your student with our engaging and educational Daydreamers Dance Program! Designed for students of various skill levels, our classes promote creativity, confidence, and physical activity in a fun and structured environment.  Our experienced instructors introduce students to various dance styles, including ballet, creative movement, jazz, and hip-hop, while incorporating rhythm, coordination, and teamwork. Each class is tailored to meet the needs of your student. At the end of the club session, get ready to watch an exciting performance where your student will shine. Let's get our kids dancing!  *Students will need ballet shoes, jazz shoes, and sneakers for this club.
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### **Kindergarten Clubs**

### Tuesday

CLUB	TIME	COST	DESCRIPTION
TONCHU Martial Arts Club TONCHU	2:20-3:20	\$320	TONCHU Martial Arts club will introduce students to basic martial arts skills while also providing a physical activity that will help improve focus, discipline, coordination, and confidence, as well as build leadership skills.
Snapology Junior Scientists - All About Animals Club Snapology	2:20-3:20	\$300	Does your child go wild for animals and science? From the tiniest insect to the largest mammal on Earth, Snapology's All About Animals Science Club is packed with hands-on fun and discovery! Kids will build awesome models while uncovering the differences between vertebrates vs. invertebrates, exploring butterfly and frog life cycles, and comparing creepy-crawly insects with fascinating arachnids. This isn't your ordinary science class—Snapology makes learning come alive through building, creating, and imaginative play! With a mix of guided projects and plenty of opportunities to let their curiosity run free, your little scientist will stay engaged, inspired, and excited to learn each week.
<b>Drama Club Jr.</b> Destination Theatre	2:20-3:20	\$310	Experience the magic of theatre! Drama Club Junior: A Destination Theatre Class for kids who want to learn how to sing, act, dance, and use their imagination with others. Through preparing a short full play, students will develop confidence and creativity. Come join us for a fun-filled semester of learning while "play"-ing. Come practice acting, self-expression, and character creation through confidence building games and exercises!







### Kindergarten Clubs Wednesday

CLUB	TIME	COST	DESCRIPTION
Jitterbug Performing Arts Club Miss Gabi	2:20-3:20	\$300	Our signature after school class brings the joy of performing arts to kids of all experience levels! Students explore acting, singing, and movement in a fun, project-based setting designed to build confidence, creativity, and connection. Each semester culminates in a playful showcase so every child shines.
Gesso Arts Club: Explore & Create!  Meryl Clark	2:20-3:20	\$350	In this exciting mixed media art club, we will paint, collage, draw, assemble, & more! Many projects will be inspired by children's story books, and we will create work based on an image or theme in the book. This club will build self-confidence & problem-solving skills through the creative process. This is an awesome way to introduce your child to the exciting world of art making whether they already enjoy art or are simply interested in playing with cool art materials. It will be fun for everyone!
Yoga Club FreedOM Youth Yoga	2:20-3:20	\$340	The Yoga Club will playfully practice poses with laughter, stories, music, and games specially designed for specific age groups. Be ready for some balancing, dancing, prancing, skipping, laughing, breathing, meditating, stretching, marching, jogging, slithering, singing, jumping, resting, and bonding. Classes end with some special ""yoga nap" relaxation time, and each class is focused on a theme such as "Nonviolence," "Focus," "Be Yourself," "Balance," "Flexibility," and "Letting Go." Freedom Youth Yoga is a registered 501(c)3 nonprofit, and all proceeds from club fees go toward our programs for delivering yoga and mindfulness programs to underserved youth in the Atlanta area.





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### **Thursday**

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Chess Club Chess2Children	2:20-3:20	\$295	Chess2Children is so excited to be providing Clubs for our 14th year at St. B's! We are based out of Smyrna, and we have focused primarily on elementary and middle schools within Cobb County, including many of the public and private schools of Smyrna and Marietta City. Chess continues to be proven to help with patience, strategy, creativity, and cause and effect, in addition to numerous other wonderful academic and real world skillsBUT, don't tell your children—they think it's a fun game! C2C's philosophy has never wavered from our start in 2008 – hire the best coaches to help engage and excite our scholars in the game of chess. Make it fun, make it affordable, make it something they ENJOY coming to do, learning, and doing at home with their friends and family. Based upon registration, we like to split our classes by experience level. Beginners start with the very basics. Our Intermediate scholars are assessed, and we coach them accordingly. The time in class is spent to improve their game, challenge their thinking, and make it fun!
Cheer Club  GymGo Kids (Destiny Gaines)	2:20-3:20	\$332	GymGo Kids Cheer classes will introduce your child to the fundamentals of cheer through tumbling, balance, chants, jumps, stunts, dance, and various techniques. Cheer is an engaging way to develop focusing skills and expand children's imagination. We also emphasize the importance of working together as a team.





### 1<sup>st</sup> - 4<sup>th</sup> Grade Clubs Monday

CLUB	TIME	COST	DESCRIPTION
Daydreamers Dance Program  Dancer's Dreamhouse	3:30-4:30	\$335	Bring the joy of dance directly to your student with our engaging and educational Daydreamers Dance Program! Designed for students of various skill levels, our classes promote creativity, confidence, and physical activity in a fun and structured environment.  Our experienced instructors introduce students to various dance styles, including ballet, creative movement, jazz, and hip-hop, while incorporating rhythm, coordination, and teamwork. Each class is tailored to meet the needs of your student. At the end of the club session, get ready to watch an exciting performance where your student will shine. Let's get our kids dancing!  *Students will need ballet shoes, jazz shoes, and sneakers for this club.
DIY Crafting Club  Kerri Painter (St. B's Media Specialist)	3:30-4:30	\$305	Join Ms. Painter in the library for the DIY Crafting Club. If you like to create with paint, mod podge, washi tape, yarn, beads, shrinky dinks and more, then this club is for you!
<b>Gymnastics Club</b> Gym Go Kids (Destiny Gaines)	3:30-4:30	\$332	GymGo Kids will bring a Flipping Good Time to your child! We will help build strength, flexibility, balance, coordination, and self-confidence. Our highly experienced instructors bring portable gymnastics equipment: bars, balance beams, mini trampoline, and other special-shaped equipment to teach gymnastics to children. Each session includes a warm-up, circuit training, tumbling, gymnastics progressions, conditioning, and cool-down exercises.  Classes are designed to increase strength and flexibility while learning skills and having FUN!
Paper Crafts Club Seema Wilson (St. B's 4 <sup>th</sup> Grade teacher)	3:30-4:30	\$330	2ND-4TH GRADE ONLY.  In Paper Craft Club, we will use various types of paper as the primary medium to create 2D and 3D projects of all kinds, such as boxes, cards, origami, jewelry, books, games, and so much more! Let your imagination soar as we create a paper world using a variety of techniques, including cutting, folding, gluing, and stamping. Come construct the amazing creations that can be made with just paper!
<b>Guitar Club</b> Fine Arts Matter	3:30-4:30	\$314	Turn up the volume and rock out in Guitar Club this semester! Guitar Club gives the chance to have fun learning and playing guitar with friends. We bring guitars to every class, for every student, every week. All your child needs to do is get excited about learning guitar! Your child will develop musical skills and express their own creativity!

### 1<sup>st</sup> - 4<sup>th</sup> Grade Clubs Tuesday

CLUB	TIME	COST	DESCRIPTION
<b>Drama Club</b> Destination Theatre	3:30-4:30	\$310	1ST-3RD GRADE ONLY.  Experience the magic of theatre! Drama Club: A Destination Theatre Class for kids who want to learn how to sing, act, dance, and use their imagination with others. Through preparing a short full play, students will develop confidence and creativity. Come join us for a fun-filled semester of learning while "play"-ing. Come practice acting, self-expression, and character creation through confidence building games and exercises!
Snapology Brick Art & Design Snapology	3:30-4:30	\$300	Put your LEGO® free building skills to the test – let's turn bricks into masterpieces! Edgar Degas once said, "Art is not what you see, but what you make others see." In Snapology's BRICK ART & DESIGN club, kids will do exactly that—bringing famous works of art as well as their own creative visions to life in bold and exciting ways! From building 2D mosaics inspired by Van Gogh's Starry Night, to designing 3D structures like Frank Lloyd Wright's Falling Water, students will explore a variety of artistic styles and techniques—all through hands-on creative fun with LEGO® bricks. Ready to become a LEGO® artist?
The Slime Lab  Tania Williams (St. B's 3s teacher)	3:30-4:30	\$350	Does your child love to squish, stretch, mix, and create? Then they'll love joining the Slime Lab after school club, a hands-on, sensory-rich club that blends creativity, science, and lots of colorful, gooey fun!  Each week, students will dive into exciting slime-making projects that go far beyond just play. While mixing up sparkly, scented, fluffy, or glow-in-the-dark slime, they'll also be learning about basic chemistry, measurements, textures, and reactions, all while having an absolute blast. For an extra treat, some sessions will include making safe, edible slime that the students can actually taste. It's a fun and tasty twist on our usual slime. Join us for a squishy, silly, satisfying good time!
<b>Kids TV Jr. Club</b> Kids TV	3:30-4:30	\$350	During Kids TV Jr., students will work with professional filmmakers to learn camera foundations such as zoom, focus, wide shot, medium shot, and close ups, as well as practicing how to perform key emotions and control over voice, body, and face in front of the camera. The students produce, film, and star in their own video projects!
TONCHU Martial Arts Club TONCHU	3:30-4:30	\$320	TONCHU Martial Arts club will introduce students to basic martial arts skills while also providing a physical activity that will help improve focus, discipline, coordination, and confidence, as well as build leadership skills.

### 1<sup>st</sup> - 4<sup>th</sup> Grade Clubs Wednesday

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Gesso Arts Club: Explore & Create! Meryl Clark	3:30-4:30	\$350	In this exciting mixed media art club, we will paint, collage, draw, assemble, and more! Many projects will be inspired by children's storybooks, and we will create work based on an image or theme in the book. This club will build self-confidence and problem-solving skills through the creative process. This is an awesome way to introduce your child to the exciting world of art making whether they already enjoy art or are simply interested in playing with cool art materials. It will be fun for everyone!
Stitcher School Crafting Club Carol Kleywegt	3:30-4:30	\$300	2ND-4TH GRADE ONLY.  Learn to sew by hand in The Stitcher School! This club will introduce concepts of sewing and constructing with felt and fabric. Students will learn needle and scissor safety, knot tying, needle threading, pattern making, fabric cutting, and stitches to put things together. Fun projects include small animal stuffies, felt pins, felt flowers, small bags, and small pillows. Hand sewing can improve hand-eye coordination and mental concentration, and is a useful life skill.
Yoga Club FreedOM Youth Yoga	3:30-4:30	\$340	The Yoga Club will playfully practice poses with laughter, stories, music, and games specially designed for specific age groups. Be ready for some balancing, dancing, prancing, skipping, laughing, breathing, meditating, stretching, marching, jogging, slithering, singing, jumping, resting, and bonding. Classes end with some special ""yoga nap" relaxation time, and each class is focused on a theme such as "Nonviolence," "Focus," "Be Yourself," "Balance," "Flexibility," and "Letting Go." Freedom Youth Yoga is a registered 501(c)3 nonprofit, and all proceeds from club fees go toward our programs for delivering yoga and mindfulness programs to underserved youth in the Atlanta area.





### 1<sup>st</sup> - 4<sup>th</sup> Grade Clubs Thursday

CLUB	TIME	COST	DESCRIPTION
COCINARTE Spanish Cooking Club  Marta Caamano (St. B's Spanish Teacher)	3:30-4:30	\$380	CocinArte = Cook-Art! COOKING is fun, and even more so when we mix it with ART! This beloved hands-on cooking club will encourage children to create art while they are cooking. Each week, we will create food-art while we enjoy learning new words and commands in Spanish! We will have 13 weeks of spring, Valentine, St. Patrick's, and Easter recipes!
Amazing Athletes Amazing Athletes	3:30-4:30	\$355	In Amazing Athletes, we use sports as a catalyst to empower kids to discover their inner strength and athletic abilities. We empower kids by teaching skills from 10 different sports in a fun, non-competitive, educational environment.  Each week, we'll learn the fundamentals of two sports, including learning about nutrition, motor development, and muscular identification. We believe in childhood education first, sports second, and having fun!
Cheer Club  GymGo Kids (Destiny Gaines)	3:30-4:30	\$332	GymGo Kids Cheer classes will introduce your child to the fundamentals of cheer through tumbling, balance, chants, jumps, stunts, dance, and various techniques. Cheer is an engaging way to develop focusing skills and expand children's imagination. We also emphasize the importance of working together as a team.
Chess Club Chess2Children	3:30-4:30	\$295	Chess2Children is so excited to be joining scholars and families for our 14th year at St. Benedict's! Our company is based out of Smyrna, and we have focused primarily on elementary and middle schools within Cobb County, including many of the public and private schools of Smyrna and Marietta City. Chess continues to be proven to help with patience, strategy, creativity, and cause and effect, in addition to numerous other wonderful academic and real world skillsBUT, don't tell your children—they think it's a fun game!  C2C's philosophy has never wavered from our start in 2008 - hire the best coaches to help engage and excite our scholars in the game of chess. Make it fun, make it affordable, make it something they ENJOY coming to do, learning, and doing at home with their friends and family.  Based upon registration, we like to split our classes by experience level.  Beginners start with the very basics. Our Intermediate scholars are assessed, and we coach them accordingly. The time in class is spent to improve their game, challenge their thinking, and make it fun!

## Middle School Other After School Activities

For the Spring semester, St. Benedict's is currently offering the following for 4th-8th Grade students:

- 4th-5th Grade Pep Squad
- 5th-8th Grade Track & Field
- 6th-8th Grade Flag Football
- 6th-8th Grade Tennis

Please visit our Athletics page for more information, including season dates, and to sign up for Athletic offerings as they become available: stbs.org/athletics



#### No Middle School Clubs

Monday, Tuesday, Wednesday, or Friday

#### 5th-8th Grade Clubs Thursday

CLUB	TIME	COST	DESCRIPTION
Chess Club Chess2Children	3:30-4:30	\$295	Chess2Children is so excited to be joining scholars and families for our 14th year at St. Benedict's! Our company is based out of Smyrna, and we have focused primarily on elementary and middle schools within Cobb County, including many of the public and private schools of Smyrna and Marietta City. Chess continues to be proven to help with patience, strategy, creativity, and cause and effect, in addition to numerous other wonderful academic and real world skillsBUT, don't tell your children—they think it's a fun game!  C2C's philosophy has never wavered from our start in 2008 - hire the best coaches to help engage and excite our scholars in the game of chess. Make it fun, make it affordable, make it something they ENJOY coming to do, learning, and doing at home with their friends and family. Based upon registration, we like to split our classes by experience level. Beginners start with the very basics. Our Intermediate scholars are assessed, and we coach them accordingly. The time in class is spent to improve their game, challenge their thinking, and make it fun!